

2025 - 2026 Season

Ultimate All Stars

Team Packet





Welcome to the Ultimate All Stars family! This program was created to provide an affordable, local option for all star cheer for athletes and their families. Our goal is to help our athletes build confidence in a fun, positive, respectful environment. We have worked together to build this program from the ground up into a strong, competitive, successful program and we can't wait to see what season 4 holds for our athletes and families!

Please keep in mind that this is a **TEAM** and without the commitment of our athletes and their families, we simply can't perform at 100%. We appreciate your commitment and support!

IMPORTANT SEASON EVENTS

Placement Prep Technique Classes:

We will be offering technique classes in the month of May (schedule on page 11) to help athletes prepare for the new season. We will be offering classes in the areas of stunts, jumps, conditioning, stretching & flexibility, and tumbling. You can sign up for unlimited classes for the month of May for \$140, or you can pay by class (\$20 / hour class or \$10 / half hour class).

Team Placement:

Team Placements will be held on Tuesday June 3rd. Placements for athletes age 5-11 will be from 5:00-6:00 and placements for athletes age 12-18 and returning athletes from UAS teams level 2 and above will be from 6:00-7:30. If you cannot attend team placements but you would like to be considered for a team, please email Coach Steph at ultimateallstarsnh@gmail.com to schedule a private team placement with our coaching staff.

Team Reveals & Commitment Night:

Our team reveals and commitment night will take place on Tuesday June 10th at 6:00pm. This is a dressy event for athletes and families. Athletes will receive their team placements and athletes and families will participate in team signings. Athletes will be photographed with their families and with their teams. This is a new tradition we started last year and we are really excited to continue this fun tradition!

Choreography (August 21st -23rd 2025):

Choreography will take place on Friday August 21st, Saturday August 22nd, and Sunday August 23rd for our three teams. Please block these dates out on your calendar and do not make any summer plans, trips, etc. on these dates. Times for each team are TBA. All athletes must be present for the entirety of their choreography sessions.



Anticipated Teams:

We anticipate fielding 3 teams this year - youth prep, junior elite, and senior elite. Levels are TBD. Teams will be formed based on age, skill level, experience, and how each group of athletes will work together and complement one another to form successful teams. Tumbling is one consideration when forming teams, but it is not the only consideration. The age groups for these teams may change based on the results of team placements. Please trust the coaches to form the strongest teams possible. Our goal is to give our athletes the best season possible, where our athletes will be challenged and experience growth and success. We are really excited about season 4 and we can't wait to get started!

Athlete Crossovers:

This year some junior elite and senior elite athletes will have the opportunity to cross over within our elite teams. Crossovers must be age eligible for both teams and must be willing to commit extra time to their teams - both at practices and at competitions. Crossing over also comes with an extra financial commitment. If you would like to be considered for a crossover position, please indicate that on your team placement form.

Schedule:

The practice schedule is still tentative and will be finalized after team placements. In the summer, we will have team practices on Tuesdays and Thursdays and tumbling classes on Fridays. We also plan to offer some technique classes, open gyms, and clinics during the summer. We will be closed for vacation the week of July 4th.

In September, practices shift to Tuesdays and Saturdays. Tumbling classes will be on Fridays, and open gyms and technique classes will be on Saturdays.

Summer Schedule (June-August) *subject to change

Team Practice

- Youth Prep | Tuesday & Thursday 5:00-6:00pm
- Junior Elite | Tuesday & Thursday 6:00-7:15pm
- Senior Elite | Tuesday & Thursday 7:15-8:30pm

Tumbling Practice

- Level 1 | Friday 5:30-6:30pm
- Level 2 | Friday 6:30-7:30pm
- Level 3+ | Friday 7:30-8:30pm



Fall Schedule (September-April/May) *subject to change

Team Practice

- Youth Prep | Tuesday 5:00-6:00pm & Saturday 9:30-10:30am
- Junior Elite | Tuesday 6:00-7:15pm & Saturday 1:30-3:00pm
- Senior Elite | Tuesday 7:15-8:30pm & Saturday 3:00-4:30pm

Tumbling Practice

- Level 1 | Friday 5:30-6:30pm
- Level 2 | Friday 6:30-7:30pm
- Level 3+ | Friday 7:30-8:30pm

Tumbling & Technique Classes:

In response to athlete and family feedback, we're expanding our tumbling and technique offerings this season. By forming larger teams, we've created space for additional classes and restructured our Friday night tumbling schedule by skill level rather than team. Regular tumbling class attendance is required, and athletes may only work on skills within the designated level. Those training across multiple levels may attend multiple classes.

- Level 1: Rolls, cartwheels, walkovers, and variations
- Level 2: Front and back handsprings, and variations
- Level 3+: Back handspring series, running tucks, and advanced skills

If you're unsure which level your athlete should attend, please consult a coach.

New this fall, we're offering Open Gym sessions for extra skill practice, missed classes, or stunt work. We've also added technique classes in jumps, flexibility, and conditioning. While tuition has increased this year, all additional classes are included in the monthly rate.

Technique Classes (September-April/May) *subject to change

- Open Tumble | Saturday 10:30-11:30am
- Jumps / Stretch & Flex (alternating each week) | Saturday 11:30-12:00pm
- Conditioning | Saturday 12:00-12:30pm

Closed Practices:

Please note that during most team practices, choreography, technique classes, etc. the curtains in our practice room will be closed. This is for the safety and focus of our athletes. We find that practices are more productive when our athletes are focused on what they are doing in practice and not who is watching in the window. You do have the option to purchase Spot TV for \$5 a month to watch online, or you can watch on the TV in the lobby. At times, we will also invite parents in to watch portions of practices so our athletes can get used to performing in front of an audience!



Competitions:

Our teams will attend 6-9 competitions total, and 1-2 of these events may be travel competitions (outside of New England). We will start competing in December or January and we will finish competing in April or May. Competitions are usually held during the weekend. These events may be one day events or two day events. Since we won't have finalized competition schedules until the week of the event, please keep the entire weekend open on event dates. Please note that these competitions could happen during school vacation weeks, so please keep these weeks open for competitions at this time. We will have a competition schedule ready for families in August. We always strive to ensure families know the dates as early as possible.

Travel, Lodging, & Chaperones:

All athletes are required to have a chaperone for competitions. It is the responsibility of the parent / guardian to book their own reservations and arrange for travel for all competitions. Venue information, hotel information, schedules, meet times, etc. will be provided as far in advance as possible. Competitions usually provide performance schedules about a week in advance. We compete with the Open Championship series, so there are no stay to play requirements at any of our events. We will share some hotel options on the Band, but families are free to make travel arrangements that work best for them.

Attendance:

Ultimate All Stars requires our athletes to attend all practices and competitions. Absences impact individual athletes and the team as a whole. There are no alternates in cheer, and when athletes are missing the team cannot practice all of their routine elements and this hinders their progress. Excused absences are at the discretion of Coach Steph and our studio co-directors. Excessive absences may result in the athlete being moved to an alternate role on the team and removal from routine choreography. If an athlete must miss a practice for any reason, please let Coach Steph know as far in advance as possible using the messaging feature within the BAND app or by emailing her at ultimateallstarsnh@gmail.com.

Team & Family Expectations:

Ultimate All Stars expects all athletes and families to behave in a way that promotes our program in a positive manner inside and outside the gym. If there is a problem with your athlete or the team that you wish to discuss with us, we encourage you to do so in a respectful manner and without engaging other families in the lobby, on social media, or otherwise. We commit to treating our athletes and families with respect. We will address things in a timely manner and encourage you to do the same. We want this to be a FUN experience, free from drama, and we want our entire family of athletes feeling supported and happy. If we find that an athlete or family is not aligned with these expectations, the co-directors reserve the right to dismiss an athlete / family from the program at any time. We will dismiss an athlete for poor behavior of the athlete or family, in person or on social media, and they will not be refunded. There are no exceptions to this.



Communication: PLEASE NOTE NEW CHANGES

UAS, in partnership with CDW, is committed to continuing our efforts to consistently improve our communication with athletes, families and coaches, and we as an organization are streamlining our communication processes. Our program uses the studio email AND the Band app to provide extensive communication and frequent updates to our athletes and families. After team placements, you will receive an invite to our Ultimate All Stars 603 Band if you are not already a member. All private communication regarding teams, classes, attendance, competitions, etc. should be done through Band App messaging ONLY (sent to Coach Steph AS WELL AS our studio directors Ana and Bridget) or by emailing ultimateallstarsnh@gmail.com (Coach Steph) and cdwofbow603@gmail.com (Studio Directors, Ana & Bridget). This season, the Studio Directors are engaged in the development and retention of the cheer program and should be included in any concerns you and your athlete may have with the program. In-person meetings will be scheduled as needed to address any concerns you may have. These will take place with the Co-Directors, if needed.

Moving forward into the next season, the Studio Directors have implemented a studio & gym-wide policy that parents do not text, call, or message our coaching staff on social media, or vice versa, unless there is a *legitimate* emergency.

We do this for several reasons:

- Our coaches deserve to preserve their personal time and energy for their own families.
- Our coaches often work full-time.
- Our coaches are not being paid for this time spent answering texts or messages, often late into the evening.
- We want to ensure nothing is missed with communication, and when messages are sent to a central location, someone from the studio/gym will always see it, allowing coaches to alter practices or events as needed with as much time as possible, amend schedules, and more.
- As a company, it is our responsibility to ensure labor law adherence and legal compliance in all areas.

IMPORTANT: Our coaching staff will not be responding to text messages, social media messages, etc. moving forward. Thank you for understanding and for respecting our staff's time so we can give our best energy to your athletes to help them grow and succeed!



Contracts:

A contract will be signed by the athlete and the parent(s)/guardian(s) once committed to an Ultimate All Stars team. The above information, as well as the fee schedule outlined below, is included in the contract and we take it very seriously. We expect the athlete and the athlete's family to take it seriously as well and abide by the contract. Please understand that Ultimate All Stars will not pay up front for your athlete's participation. Uniform fees, choreography fees, and competition fees cannot be returned. The contract is binding and the parent/guardian is responsible for all fees and commitments.

Fundraising & Fees:

We understand that competitive cheer is a big financial commitment and we want to do everything we can to help offset these costs for our families. We have an established fundraising organization that offers extensive fundraising to offset these costs. Some of our athletes are entering the new season with a credit on their account because we have so many fundraising opportunities available! We also pride ourselves on being the most cost effective program in the area. **With that said, it is important that families understand they are responsible for the entirety of their tuition and fees by the established due dates.**

It is a requirement to have a credit card on file with Creative Dance Workshop.

Your athlete will not start practicing with their team unless this is on file, unless you are a confirmed recipient of Class Wallet payments through the EFA program of NH.

Families are welcome to make payments at any time and ahead of due dates, and those funds will be applied in their portal.

Other Fees:

Please note that if an athlete leaves the program during or after choreography there is a \$350 re-choreography fee assessed.

There is a \$150 fee assessed in the following circumstances:

An athlete misses the practice prior to competition

An athlete misses a competition

An athlete is significantly late (30 min or more) to a competition meet time

Ultimate All Stars Fees and Fee Schedule

Please note that your card on file will be automatically charged on the due dates.

We are proud to not ONLY be the most cost effective program in the area but to also offer extensive fundraising to help offset costs!

Item	Cost	Due Date(s)	Notes
Team Placement Fee	\$25	June 1st	Must be paid prior to team placements
Registration Fee	\$50	June 1st	\$50/ athlete or \$60/ family *\$10 off if you register & pay by 5/31
Team Event Fee	\$40	June 10th	Paid to 603 Cheer Booster Club - cash or check
Monthly Tuition - Includes Practices, Tumbling Classes, Open Tumble & Technique Classes	\$172/month	Due the 1 st of each month	Siblings discount- \$20 off monthly tuition
Crossover tuition (with minimum team threshold met)	\$40/month	Due the 1 st of each month	Crossovers will be assigned by coaches with family permission
Team Sneakers	\$125	June 15th	We will be doing a program wide order - all athletes will be fitted for black sneakers in June
Program Practicewear	\$190	June 15th	All athletes will be fitted for practicewear in June: 2 sports bras, 2 tank tops, and 2 pairs of shorts
Choreography & Music	\$350	July 15th	
Uniform	\$460	Aug 15th	This is a new uniform year for all athletes except athletes that were on Icons / Legacy for the 2024-2025 season
Warm up Jacket	\$99	Sept 15th	Jackets are the same as all previous seasons.
Bow	\$40	Sept 15th	This is a new bow season for all teams

Item	Cost	Due Date(s)	Notes
Competition Fees & Coaches Fees	\$1200	\$200 Sept 15th \$200 Oct 15th \$200 Nov 15th \$200 Dec 15th \$200 Jan 15th \$200 Feb 15th	
Crossover Competition Fees	\$300	Mar 15th	
Hairpiece	\$55		Same as last season, parents will order prior to our dress rehearsal (we have a hair matching color ring at the gym) - you also have the option to invest in a more expensive hairpiece made with real hair if you choose to - they are better quality and are much more durable (these are around \$250 with shipping from Crown That)
Make-up	TBD		TBD

We also ask for families to note that based on current and future economic fluctuations, prices on goods like uniforms, practicewear, sneakers and some services may increase. CDW/UAS will do everything possible to maintain established prices, but by joining the program you acknowledge that the cost of goods or services may also fluctuate.



What We Do

We are an established fundraising organization that offers extensive fundraising to help offset the cost of competition cheer. This year we are going non-profit!

Fundraisers

The Booster Club will be doing things a little bit differently this year in order to make the sport more affordable and get more community engagement by hosting larger events.

10K.
Raised last year

Other smaller fundraisers include:

- Mums
- Wreaths
- Super Bowl Squares
- Tagging
- Car Wash
- Gift Card Raffle

Become a Member

- \$50 membership fee due prior to fundraising
- 603 Booster Club fundraising t-shirt for Athlete (additional t-shirts can be ordered)
- Participation is required to be a member
- Email 603cheer@gmail.com to learn more

Ultimate All Stars

May Schedule

\$140 per athlete for unlimited classes (sign up on DSP) Or sign up per class on the website:

\$20 per 1 hour class per athlete

\$10 per ½ hour class per athlete

Friday, May 2nd

Level 1 Tumble 5:30-6:30

Level 2 Tumble 6:30-7:30

Level 3+ Tumble 7:30-8:30

Tuesday, May 6th

Advanced Stunts 5:00-6:00

Jumps 6:00-6:30

Conditioning 6:30-7:00

Stretch & Flexibility 7:00-7:30

Friday, May 9th

Level 1 Tumble 5:30-6:30

Level 2 Tumble 6:30-7:30

Level 3+ Tumble 7:30-8:30

Tuesday, May 13th

Beginner Stunts 5:00-6:00

Jumps 6:00-6:30

Conditioning 6:30-7:00

Stretch & Flexibility 7:00-7:30

Friday, May 16th

Parent Info Night @ 6pm

Level 1 Tumble 5:30-6:30

Level 2 Tumble 6:30-7:30

Level 3+ Tumble 7:30-8:30

Tuesday, May 20th

Advanced Stunts 5:00-6:00

Jumps 6:00-6:30

Conditioning 6:30-7:00

Stretch & Flexibility 7:00-7:30

Friday, May 23rd

Level 1 Tumble 5:30-6:30

Level 2 Tumble 6:30-7:30

Level 3+ Tumble 7:30-8:30

Tuesday, May 27th

Beginner Stunts 5:00-6:00

Jumps 6:00-6:30

Conditioning 6:30-7:00

Stretch & Flexibility 7:00-7:30

Friday, May 30th

Level 1 Tumble 5:30-6:30

Level 2 Tumble 6:30-7:30

Level 3+ Tumble 7:30-8:30

Level 1 Tumble: Beginners - Walkovers

Level 2 Tumble: Handsprings

Level 3+ Tumble: Tucks & Up

Beginner Stunts: New Athletes & Athletes On Little Legends & Sparkle

Advanced Stunts: Heartbreakers, Icons, Legacy - other athletes only with coach approval



Ultimate All Stars 2025-2026 Team Contract

Please Initial Each Item

I understand that Ultimate All Stars requires my athlete to attend all practices and competitions. If my athlete must miss a practice for any reason, I will let the coaches know as far in advance as possible so that they can plan practices accordingly. I understand that If my athlete has 2 or more unexcused absences they may be moved to an alternate role on the team. _____

I understand that choreography will take place on Friday August 21st, Saturday August 22nd, and Sunday August 23rd. My athlete will be present for the entirety of their choreography sessions. _____

I understand that my athlete is required to have a chaperone for all away trips and It is my responsibility to book reservations and arrange for travel for all competitions. _____

I understand that my athlete will attend 6-9 competitions, and 1 or 2 of these events may be travel competitions (outside of New England) from December or January through April or May. I understand that these competitions could happen during school vacation weeks and I will keep vacation weeks open for competitions until the competition schedule is finalized. _____

I understand that I am expected to behave in a way that promotes Ultimate All Stars in a positive manner inside and outside the gym. If there is a problem that I wish to discuss, I will do so in a respectful manner and without engaging other families in the lobby, on social media, or otherwise. I will treat all athletes, families, staff and coaches from our program and other programs with respect. _____

I understand that I am to communicate with UAS / CDW staff using band and/or studio gym email only unless there is an emergency. _____

I have read the Ultimate All Stars handbook and I agree to abide by the rules and regulations outlined in the handbook.

Athlete's First and Last Name: _____

Parent / Guardian Signature: _____ Date: _____

Athlete Signature: _____ Date: _____



Ultimate All Stars Team Fee Acknowledgement Form

Please Initial Each Item

I acknowledge the following fees for participating in UAS for the 2025-2026 season:

- Team Placement Fee is \$25 and is due June 1st _____
- Registration Fee is \$50 / athlete or \$60 / family and is due June 1st (\$10 off if registered & paid before 5/31) _____
- Team Events Fee is \$40 and is due June 10th paid to 603 Cheer Booster Club _____
- Monthly Tuition is \$172 / month (includes practices, tumbling classes, open tumble & technique classes) and is due the first of each month from June until April / May _____
- Crossover Tuition is \$40 / month and is due on the first of each month from June until April / May (write n/a if your athlete is not a crossover) _____
- Team Sneakers are \$125 and this is due June 15th _____
- Program Practicewear is \$190 and is due on June 15th _____
- Choreography and Music is \$350 and is due on July 15th _____
- For Uniform Items, please write N/A if your athletes is a returning athlete and doesn't need a replacement item: (The uniform is last year's Icons & Legacy uniform and the jacket is the same as all previous seasons, this is a new bow year for all teams)
 - The Uniform (top & skirt) is \$460 and is due August 15th _____
 - The Warm Up Jacket is \$99 and is due September 15th _____
 - The Bow is \$40 and is due September 15th _____
- Competition & Coaches Fees are \$1200, divided into 6 \$200 payments (due Sept. 15th, Oct. 15th, Nov. 15th, Dec. 15th, Jan. 15th, and Feb. 15th) _____
- Crossover Competition Fees are \$300 and are due March 15th (write n/a if your athlete is not a crossover) _____
- I understand that I need to purchase my own hairpiece (\$55 and \$250 options, there is a color ring at the gym for the \$55 option) _____
- I understand that I need to purchase makeup for my athlete - details are TBD _____
- I understand that if my athlete leaves the program during or after choreography there is a \$350 re-choreography fee assessed _____
- I understand that a \$150 fee is assessed in the following circumstances: my athlete misses the practice prior to competition, my athlete misses a competition, and/or my athlete is significantly late (30 min or more) to a competition meet time _____

Athlete's First and Last Name: _____

Parent / Guardian Signature: _____ Date: _____



2025-2026 Season Conflict Form

At Ultimate All Stars we understand that athletes may have commitments (family vacations, school events, summer camps, etc.) that will cause them to miss practice.

Please list any conflicts that you are aware of on this form. Thank you!

**PLEASE NOTE THAT OUR FULL YEAR TRAVEL TEAMS HAVE MANDATORY CHOREOGRAPHY
ON AUGUST 21st, 22nd & 23rd!**

**PLEASE NOTE THAT COMPETITIONS MAY FALL ON SCHOOL VACATION WEEKS - OUR
COMPETITION SCHEDULE WILL BE FINALIZED BY THE END OF AUGUST!**

Athlete's Name (First & Last): _____

June Conflicts: _____

July Conflicts: _____

August Conflicts: _____

September Conflicts: _____

October Conflicts: _____

November Conflicts: _____

December Conflicts: _____

January Conflicts: _____

February Conflicts: _____

March Conflicts: _____

April Conflicts: _____

May Conflicts: _____



2025-2026 Season Team Placements Registration Form

Athlete's First and Last Name: _____

Athlete's Preferred Nickname: _____

Athlete's Birth date and Year: _____

Parent's / Guardian's Name and Email:

Athlete's Allergies, if any: _____

Athlete's Medications: _____

Does the athlete have any medical conditions and/or learning disabilities we should be aware of? Please explain.

Team Placements will be used to create the strongest teams possible, where ALL of our athletes and teams will be successful and challenged and ALL of our athletes will grow and thrive! We anticipate fielding 1 prep team and 2 elite teams this year. All athletes attending team placements will be placed on a team.

Please check all that apply:

- I understand that competitions may occur during school vacation weeks. I will wait to schedule family vacations until after the final competition schedule is released in the fall.
- This athlete would like to be considered for more than one team. I understand that being on 2 teams requires additional financial and time commitments.
- This athlete CAN travel to competition(s) outside New England that require either a long drive or a plane ride.
- This athlete CAN NOT travel to competitions outside New England. I understand that this will limit my child's team placement options.