

★ **Open House**

SUNDAY MAY 10TH

10:00am-12:00pm

★ **Parent Info Night**

FRIDAY MAY 16TH

6:00pm

★ **Team**

Placements

NOVEMBER 14TH 4:45-5:30pm

Full Year | Phase 1 5:30-

8:30pm *see team

placement information

THURSDAY MAY 28TH -

FRIDAY MAY 29TH 4:30-

8:30pm *see team

placement information

★ **Team Placement Clinics**

Available to all athletes who are registered for team placements.

Attend one or both. Sign up online

TUESDAY MAY

19TH

THURSDAY MAY

21ST

5:30-7:30pm

★ **Team Reveals &**

Signing

SATURDAY MAY

30TH

6:30pm

UAS

Save The Dates

2026 - 2027 SEASON



UWAS

Full Year Team Packet

2026 - 2027 SEASON



Welcome to the Ultimate All Stars family! This program was created to provide an affordable, local option for all star cheer for athletes and their families. Our goal is to help our athletes build confidence in a fun, positive, respectful environment. We have worked together to build this program from the ground up into a strong, competitive, successful program and we can't wait to see what season 5 holds for our athletes and families!

Please keep in mind that this is a **TEAM** and without the commitment of our athletes and their families, we simply can't perform at 100%. We appreciate your commitment and support!

IMPORTANT SEASON EVENTS



Open House & Free Open Tumble:

Saturday May 9th 2:00-4:00pm

All current and new athletes are welcome! Meet the staff, tour the gym, and work on some tumbling skills in a positive and fun environment!

Register online!



Open Gyms:

Tuesday May 12th 5:30-6:30 \$20, 6:30-7:30 \$20, 5:30-7:30 \$35

Thursday May 14th 5:30-6:30 \$20, 6:30-7:30 \$20, 5:30-7:30 \$35

Register online!



Parent Info Night:

Friday May 15th 6:00pm

Come to the gym and get all of the season 5 information! Get your questions answered and get a feel for our cheer family and our facility!



Team Placement Prep Clinics:

Register on the website

Tuesday May 19th 5:30-7:30 \$50

Thursday May 21st 5:30-7:30 \$50

Give your athlete the chance to work on their skills and learn the placement dance ahead of time so they arrive at placements confident and ready. Attend one or both sessions.

Register online!

Team Placements:

Team placements will take place over **two phases**: a tumbling evaluation and a stunting evaluation. This allows our coaches to properly assess each athlete's skills and place them on the team where they will grow and succeed.



Phase 1: Tumbling Placements

Athletes should attend the tumbling session that best matches their current skill level.

Tuesday, May 26

Beginner Tumbling | 5:30–7:00 PM

For athletes who do not yet have a standing back handspring on their own.

Intermediate+ Tumbling | 7:00–8:30 PM

For athletes who have at least a standing back handspring on their own.



Phase 2: Stunting Placements

Thursday, May 28 | 5:00–8:30 PM

Friday, May 29 | 5:00–8:30 PM

Each athlete will receive at least one stunt callback time to attend during one of these sessions



Team Reveals & Commitment Night

Saturday May 30th

This is a dressy, fun event where we reveal our season theme, team names, competition schedule, and team placement results! Athletes will also do a symbolic signing, showing their commitment to their team(s)! We love this tradition and we have so much fun at this event kicking off the new season with our athletes and families! Athletes & families may start arriving at 6:30pm, our season 5 slideshow and reveals will start promptly at 7:00pm!



Team Camp

New this year - each of our travel teams will have a day of team camp - this is a day full of bonding and working on skills prior to choreography. Camp will run **August 3rd to 7th**, with each team having a full day of camp from 9:00-3:00 (dates for each team are TBD). **Team camp is required for all athletes, and athletes must be present for the entire day of team camp.**



Choreography

Choreography will take place on **Saturday August 8th, Sunday August 9th, Saturday August 15th, and Sunday August 16th**. Each team will have 2 days of choreography and times are TBD. **Choreography is required for all athletes, and athletes must be present for the entirety of their choreography sessions.**



Anticipated Teams:

We anticipate fielding 4 travel teams this year - level 1, level 2, level 3, and level 4.2. This is tentative and dependent on team placements. Teams will be formed based on age, skill level, experience, and how each group of athletes will work together and complement one another to form successful teams. Tumbling is one consideration when forming teams, but it is not the only consideration. Please trust the coaches to form the strongest teams possible, where our athletes will be challenged and experience growth and success. We want to make sure that every team is competing in an age group and level where they can be successful. We are really excited about season 5 and we can't wait to get started!

Athlete Crossovers:

This year some of our travel team athletes will have the opportunity to cross over within our travel teams. Crossovers must be age eligible for both teams and they must be willing to commit extra time to their teams - both at practices and at competitions. Crossing over also comes with an extra financial commitment. If you would like to be considered for a crossover position, please indicate that on your team placement form.

Alternates:

This year some of our athletes will have the opportunity to train with an additional team as an alternate. Alternates practice and train with this team and will be asked to fill in in case of athlete sickness or injury. Alternates are able to train with an additional team at no additional cost, and they help the team out if there is a sickness or an injury. Alternates are incredibly valuable to our program. If you would like to be considered for an alternate position, please indicate that on your team placement form. Please note that alternates will be placed on at least one primary team.

Schedule:

Summer Schedule (June–August)

Teams will practice two days per week, scheduled within Tuesday, Wednesday, and Thursday. Beginning in July, athletes will also have access to Monday technique and tumbling classes, which are included in tuition and designed to support continued skill development.

Season Schedule (September–May)

Teams will practice three days per week, including:

- Two weekday practices (Tuesday, Wednesday, or Thursday)
- One weekend practice (Saturday)

Athletes will also receive additional training opportunities included in tuition:

- Technique & Tumbling Classes (Mondays)

Focused skill development to support strength, technique, and progression

- Open Gym (Saturdays)

Supervised time for extra reps, skill work, and confidence building

Practice schedules will be shared at team reveals.



Closed Practices:

Please note that during most team practices and during choreography, the curtains will be closed. This is for the safety and the focus of our athletes. We find that practices are more productive when our athletes are focused on what they are doing in practice and not who is watching in the window. At times we also will invite parents in to watch portions of practices so our athletes can get used to performing in front of an audience! We also usually have the curtains open during tumbling classes, open gyms, and technique classes. The gym will also have a video viewing service available soon, similar to Spot TV that we used previously. Details on this are coming soon!

Competitions:

Our travel teams will attend 8 competitions this year. Our first competition is in December and our final competition is in May. Most of these events will be in New England, and 2 of these events will be travel events outside of New England. One travel event will be about a 6 hour drive from the gym, and one event will require a plane ride / long drive if you choose to drive. Competitions are usually held during the weekends. Most events are two day events. Since we won't have finalized competition schedules until the week of the event, please keep the entire weekend open on event dates. Please note that these competitions could happen during school vacation weeks, so please keep these weeks open for competitions at this time. The competition schedule will be released at team reveals so that families have plenty of time to plan accordingly.

Travel, Lodging & Chaperones

All athletes are required to have a chaperone for competitions. It is the responsibility of the parent / guardian to book their own reservations and arrange for travel for all competitions. Venue information, hotel information, schedules, and meet times will be provided as far in advance as possible. Competition producers usually provide performance schedules about a week in advance, and sometimes block schedules are released earlier. We compete with the Open Championship series, so there are no stay to play requirements at any of our events. We will share some hotel options on Band, but families are free to make travel arrangements that work best for them,

Attendance

Ultimate All Stars requires our athletes to attend all practices and competitions. Absences impact individual athletes and the team as whole. When athletes are missing, the team cannot practice all of their routine elements and this hinders their progress. Excused absences are at the discretion of Coach Steph and our studio co-directors. Excessive absences may result in the athlete being moved to an alternate role on the team and removal from routine choreography. If an athlete must miss a practice for any reason, please let Coach Steph know as far in advance as possible using the messaging feature within the BAND app or by emailing her at ultimateallstarsnh@gmail.com. Please be sure to include any preplanned absences on your conflict form so coaches can plan practices accordingly.



Team & Family Expectations

Ultimate All Stars expects all athletes and families to behave in a way that promotes our program in a positive manner inside and outside the gym. If there is a problem with your athlete or the team that you wish to discuss with us, we encourage you to do so in a respectful manner and without engaging other families in the lobby, on social media, or otherwise. We commit to treating our athletes and families with respect. We will address things in a timely manner and encourage you to do the same. We want this to be a FUN experience, free from drama, and we want our entire family of athletes feeling supported and happy. If we find that an athlete or family is not aligned with these expectations, the co-directors reserve the right to dismiss an athlete / family from the program at any time. We will dismiss an athlete for poor behavior of the athlete or family, in person or on social media, and they will not be refunded. There are no exceptions to this.

Communication:

UAS, in partnership with CDW, is committed to continuing our efforts to consistently improve our communication with athletes, families and coaches, and we as an organization are streamlining our communication processes. Our program uses email AND the Band app to provide extensive communication and frequent updates to our athletes and families. After team placements, you will receive an invite to our Ultimate All Stars 603 Band if you are not already a member. All private communication regarding teams, classes, attendance, competitions, etc. should be done through Band App messaging ONLY (sent to Coach Steph AS WELL AS our studio directors Ana and Bridget) or by emailing ultimateallstarsnh@gmail.com (Coach Steph) and cdwofbow603@gmail.com (Studio Directors, Ana & Bridget). The Studio Directors are engaged in the development and retention of the cheer program and should be included in any concerns you and/or your athlete may have with the program. In-person meetings will be scheduled as needed to address any concerns you may have. These will take place with the Co-Directors if needed.

The Directors have implemented a studio & gym-wide policy that parents do not text, call, or message our coaching staff on social media, or vice versa, unless there is a *legitimate* emergency.

We do this for several reasons:

- Our coaches deserve to preserve their personal time and energy for their own families.
- Our coaches work full-time.
- Our coaches are not being paid for this time spent answering texts or messages, often late into the evening.
- We want to ensure nothing is missed with communication, and when messages are sent to a central location, someone from the studio/gym will always see it, allowing coaches to alter practices or events as needed with as much time as possible, amend schedules, and more.
- As a company, it is our responsibility to ensure labor law adherence and legal compliance in all areas.

IMPORTANT: Our coaching staff will not be responding to text messages, social media messages, etc.. Thank you for understanding and for respecting our staff's time so we can give our best energy to your athletes to help them grow and succeed!



Contracts

A contract will be signed by the athlete and the parent(s)/guardian(s) once committed to an Ultimate All Stars team. The above information, as well as the fee schedule outlined below, is included in the contract and we take it very seriously. We expect the athlete and the athlete's family to take it seriously as well and abide by the contract. Please understand that Ultimate All Stars will not pay up front for your athlete's participation. Uniform fees, choreography fees, and competition fees cannot be returned. The contract is binding and the parent/guardian is responsible for all fees and commitments.

Fundraising & Fees

We understand that competitive cheer is a big financial commitment and we want to do everything we can to help offset these costs for our families. We have an established Non Profit Booster Club that offers extensive fundraising to offset these costs. We also pride ourselves on being the most cost effective program in the area. With that said, it is important that families understand they are responsible for the entirety of their tuition and fees by the established due dates.

It is a requirement to have a credit card on file with Creative Dance Workshop. Your athlete will not start practicing with their team unless this is on file, unless you are a confirmed recipient of Class Wallet payments through the EFA program of NH. UAS / CDW is an approved class wallet program.

Families are welcome to make payments at any time and ahead of due dates, and those funds will be applied in their portal.

Other Fees:

Please note that if an athlete leaves the program during or after choreography there is a \$350 re-choreography fee assessed.

There is a \$150 fee assessed in the following circumstances:

- An athlete misses the practice prior to competition
- An athlete misses a competition
- An athlete is significantly late (30 min or more) to a competition meet time

Ultimate All Stars Fees and Fee Schedule

Please note that your card on file will be automatically charged on the due dates.

We are proud to be the most cost effective program in the area! We also offer extensive fundraising opportunities through our Non Profit Booster Club to help offset costs!

10% Discount if you pay your Tuition in FULL for the year at the start of the season.

Item	Cost	Due Date(s)	Notes
Team Placement Fee	\$50	When you register	Must be paid prior to team placements
Registration Fee	\$50	June 1st	\$50/ athlete or \$60/ family *\$10 off if you register & pay by 5/31
Team Events Fee	\$50	June 1st	This helps offset costs for team events including our team reveals, holiday party, and end of season banquet
Monthly Tuition -includes all practices, tumbling classes, technique classes, and open gyms	\$180/ month	Due the 1 st of each month	Sibling discount- \$20 off monthly tuition
Crossover tuition (with minimum team threshold met)	\$45/ month	Due the 1 st of each month	Crossovers will be assigned to teams by coaches with family permission
Team Sneakers	\$125	June 15th	We will be placing a program wide order - same sneakers as last season
Program Practicewear	\$260	June 15th	This includes 2 sports bras, 2 pairs of shorts, and 2 tank tops
Team Camp	\$60	July 15th	Team camp fees are per team
Choreography & Music	\$375	July 15th	
Crossover Choreography Fee	\$100	July 15th	
Uniform	\$460	Aug 15th	Same uniforms as last year
Warm up Jacket	\$99	Sept 15th	Jackets are the same as all previous seasons
Bow	\$40	Sept 15th	All teams will get new bows this year Crossover attachments \$10

Item	Cost	Due Date(s)	Notes
Competition Fees & Coaches Fees	\$1350	\$225 Sept 15th \$225 Oct 15th \$225 Nov 15th \$225 Dec 15th \$225 Jan 15th \$225 Feb 15th	
Crossover Competition Fees	\$400	Mar 15th	
End of Season Event Practice Fee	TBD	TBD	This is TBD based on floor rental costs
End of Season Event Fee	TBD	TBD	This is TBD based on bids received by teams and additional costs associated with the end of season event that are not already covered by competition and coaches fees
Hairpiece	TBD	Prior to in house showcase	Hairpiece hairstyle is TBD - please do not order until this is confirmed
Make-up	TBD	Prior to in house showcase	Makeup will be purchased on your own - we can put together a package for anyone who wants us to order it for them - makeup details are TBD

We also ask for families to note that based on current and future economic fluctuations, prices on goods like uniforms, practicewear, sneakers and some services may increase. CDW/UAS will do everything possible to maintain established prices, but by joining the program you acknowledge that the cost of goods or services may also fluctuate.



Ultimate All Stars 2026 - 2027 Full Year Team Contract

Please Initial Each Item

I understand that Ultimate All Stars requires my athlete to attend all practices and competitions. If my athlete must miss a practice for any reason, I will let the coaches know as far in advance as possible so that they can plan practices accordingly. I understand that If my athlete has 2 or more unexcused absences they may be moved to an alternate role on the team. _____

I understand that my athlete is expected to arrive at least 10 minutes prior to practice, fully prepared to begin on time, including having shoes on, hair secured, and having used the restroom before practice begins. _____

I understand that Team Camp will take place on August 3rd - August 7th. My athlete will be present for the entirety of the team camp. _____

I understand that choreography will take place on Friday August 8th, Saturday August 9th, Saturday August 15th, and Sunday August 16th. My athlete will be present for the entirety of their choreography sessions. _____

I understand that my athlete is required to have a chaperone for all away trips and It is my responsibility to book reservations and arrange for travel for all competitions. _____

I understand that my athlete will attend 8 competitions, and 2 of these events will be travel competitions (outside of New England) from December through May. I understand that these competitions could happen during school vacation weeks and I will keep vacation weeks open for competitions until the competition schedule is finalized. _____

I understand that I am expected to behave in a way that promotes Ultimate All Stars in a positive manner inside and outside the gym. If there is a problem that I wish to discuss, I will do so in a respectful manner and without engaging other families in the lobby, on social media, or otherwise. I will treat all athletes, families, staff and coaches from our program and other programs with respect. _____

I understand that I am to communicate with UAS / CDW staff using band and/or studio gym email only unless there is an emergency. _____

I have read the Ultimate All Stars handbook and I agree to abide by the rules and regulations outlined in the handbook.

Athlete's First and Last Name: _____

Parent / Guardian Signature: _____ Date: _____

Athlete Signature: _____ Date: _____



Ultimate All Stars Full Year Team Fee Acknowledgement Form

Please Initial Each Item

I acknowledge the following fees for participating in UAS for the 2026-2027 Travel Team season:

- Team Placement Fee is \$50 - due when registering / prior to placements _____
- Registration Fee is \$50 / athlete or \$60 / family - due June 1st (\$10 off if paid before 5/31) _____
- Team Events Fee is \$50 - due June 1st _____
- Monthly Tuition is \$180 / month (includes practices, tumbling classes, open gyms & technique classes) - due the first of each month from June - May _____
- Crossover Tuition is \$45 / month - due on the first of each month from June - May (write n/a if your athlete is not a crossover) _____
- Team Sneakers are \$125 - due June 15th (write n/a if your athlete does not need new sneakers) _____
- Program Practicewear is \$260 - due June 15th _____
- Team Camp is \$60 / team - due July 15th _____
- Choreography and Music is \$375 - due July 15th _____
- Crossover Choreography Fee is \$100 - due July 15th (write n/a if your athlete is not a crossover) _____
- For uniform Items, write N/A if your athletes is a returning athlete and doesn't need a replacement item
- Uniform (top & skirt) is \$460 - due August 15th _____
- Warm Up Jacket is \$99 - due September 15th _____
- Bow is \$40 - due September 15th _____
- Crossover Bow Attachment \$10 - due September 15th (write n/a if your athlete is not a crossover) _____
- Competition & Coaches Fees are \$1350, divided into 6 \$250 payments (due Sept. 15th, Oct. 15th, Nov. 15th, Dec. 15th, Jan. 15th, and Feb. 15th) _____
- Crossover Competition Fees are \$400 - due March 15th (write n/a if your athlete is not a crossover) _____
- I understand that I need to purchase my own hairpiece (style TBD) _____
- I understand that I need to purchase makeup for my athlete - details are TBD _____
- I understand that if my athlete leaves the program during or after choreography there is a \$350 re-choreography fee assessed _____
- I understand that a \$150 fee is assessed in the following circumstances: my athlete misses the practice prior to competition, my athlete misses a competition, and/or my athlete is significantly late (30 min or more) to a competition meet time _____

Athlete's First and Last Name: _____

Parent / Guardian Signature: _____ Date: _____



2026-2027 Season Full Year Team Conflict Form

At Ultimate All Stars we understand that athletes may have commitments (family vacations, school events, summer camps, etc.) that will cause them to miss practice. Please list any conflicts that you are aware of on this form. Thank you!

PLEASE NOTE THAT OUR FULL YEAR TEAMS HAVE MANDATORY TEAM CAMP AUGUST 3RD - AUGUST 7TH AND MANDATORY CHOREOGRAPHY AUGUST 8TH, 9TH, 15TH, and 16TH.

PLEASE NOTE THAT COMPETITIONS MAY FALL ON SCHOOL VACATION WEEKS - OUR COMPETITION SCHEDULE WILL BE FINALIZED AND DISTRIBUTED AT TEAM REVEALS!

Athlete's Name (First & Last): _____

June Conflicts: _____

July Conflicts: _____

August Conflicts: _____

September Conflicts: _____

October Conflicts: _____

November Conflicts: _____

December Conflicts: _____

January Conflicts: _____

February Conflicts: _____

March Conflicts: _____

April Conflicts: _____

May Conflicts: _____